



# Care for Our Common Home

## RNDM News

The purpose of this newsletter is to provide news of RNDM involvement in actions and activities related to our ministry of Caring for Our Common Home.

### What is Zero-Waste Living?

Cutting down on the trash you throw away is what zero-waste life is all about.

It comes from the idea that we should:

- use less,
- reuse more,
- and choose to throw away as little as possible.

It might sound like a lot, but the point isn't to be perfect.

It's about making progress—every little bit helps cut down on waste.

The great thing about zero-waste is that anyone can do it.

You don't need expensive tools or a lot of money.

The challenge is all about making **new habits** that are good for you and the earth, like bringing your own bags to the store, composting your food scraps, or replacing one-time-use items with ones that can be used more than once.

### *What can I do?*



From Pope Francis:

**Let us train ourselves to recognise hope.  
We will then be able to marvel at how much good  
exists in the world.  
And our hearts will light up with hope.  
We will then be able to be beacons of the future  
for those around us.**

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