

# RNDM INTERNATIONAL MISSION NEWSLETTER

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RNDM INTERNATIONAL MISSION  
DEVELOPMENT OFFICE - ROME  
PROMOTES MISSION THROUGH  
COMMUNICATIONS AND FUNDING FOR THE  
SISTERS OF OUR LADY OF THE MISSIONS  
IN 22 COUNTRIES WORLDWIDE



MARCH 2025

## *Let us journey together in hope* (Pope Francis, 6 March 2025)

Dear Sisters and Friends

Greetings to you from Rome. We have begun the Lenten season on Ash Wednesday in the Catholic Church and people all over the world are earnestly praying, especially for healing of our Holy Father Pope Francis during these days of his illness. Rome community has been joining in the evening rosary at St. Peter's square and online every evening. In spite of his ill health, Pope Francis has given us a beautiful Lenten message.

"We begin our annual pilgrimage of Lent in faith and hope with the penitential rite of the imposition of ashes. The Church, our mother and teacher, invites us to open our hearts to God's grace, so that we can celebrate with great joy the paschal victory of Christ..." Pope Francis invites us to journey, to journey together and to journey together in hope as pilgrims of hope. He says, "The Church is called to walk together, to be synodal. We are called to walk at the side of others, and never as lone travellers. The Holy Spirit impels us not to remain self-absorbed, but to leave ourselves behind and keep walking towards God and our brothers and sisters."

On 7 February, on the feast of St. Josephine Bakhita, I had the opportunity to meet with Pope Francis with a group of young volunteers from all over the world, working on anti-trafficking movement. During this meeting, I was able to share with Pope about our Sisters in Myanmar who run an anti-trafficking program at Kawthaung, Thai-Burma border and the concerns and problems our sisters and people of Myanmar are facing now. The Pope listened intently and assured me of his prayers and blessings for the people of Myanmar. Let us continue to pray for Pope Francis! Thank you for all your support and God bless you!



Smitha Thomas RNDM

## HEALTHY FOOD FOR CHILDREN St Peter's Orphanage, Chittagong -BANGLADESH



Thanks to the support from many donors through the RNDM Solidarity fund, we were able to address our main objective: offer a safe and nurturing environment for the children under our care while answering to their physical, emotional and educational needs. To ensure the children receive satisfactory nourishment for their growth and development, the Sisters have implemented an inclusive supplementary nutrition program by the support of RNDM solidarity project. Through the donations received, the children are given balanced meals, essential vitamins, purified drinking water, proteins and calories necessary for their health. The meals are well prepared by the guidance of the Sister-in-charge to meet the nutrition needs of children at various stages of growth. In addition to the regular meals, the children also receive extra snacks such as fruit, milk and other nutritional foods, which improve their immune system and overall well-being. We extend our gratitude for your generosity and support towards our orphan children. Your trust in this journey of compassion nourishes and strengthens our hope for their future.



Teresa Tripura RNDM

## VISION OF HOPE - TEI WA NGA I, KENYA

Tei Wa Ngai is our ongoing program in Matuu, Kenya for the care of the physically challenged. Our vision in Tei Wa Ngai is that people with disabilities are accepted in the society and enabled to live fully independent and happy lives.

In 2024, thanks to the support received through RNDM Solidarity fund, we were able to provide 28 wheelchairs: for 22 cerebral palsy children, 4 for hydrocephalous children and 2 for children

with spina bifida.

We were also able to get a braille machine for Lucy Mutave who is in class 4. This machine will make a real difference in her life.

We are truly blessed to receive so much solidarity and other support through many friends, benefactors and RNDM Sisters.

Without the support from you, we could not continue serving the children and empower their parents to enable them to live a dignified and happy life.



*Vo Tran Ngan Ha RNDM*

## HYDROPONIC LETTUCE GROWING IN PHILIPPINES



A simple hydroponics session in Cotabato City facilitated by Sr. Delma Barrientos RNDM, brought together participants from the tri-people—Settlers, Lumad, and Moro—to learn a practical, soil-less farming technique. While it was just a small step, it offered a space for shared learning and collaboration.

The Kratky method, which requires no electric pumps, is well-suited for remote communities, specially those that are flood-prone. As participants prepared containers, mixed nutrient solutions, and placed seedlings in water, they exchanged insights about food production and sustainability. For some, hydroponics was a new concept; for others, it sparked ideas for small-scale farming.



The session encouraged conversations about food security and resourcefulness. Each participant took home not just seedlings, but a simple, practical skill that could support their families and communities. While challenges remain, small initiatives like this offer a glimpse of how shared knowledge can bring people together, one step at a time. We hope to do more of these sessions and our thanks to all our donors.

*Patricia Lourdes N. Lao, RNDM*

*If you wish to support out projects, please contact us or visit our website*



**RNDM INTERNATIONAL MISSION DEVELOPMENT OFFICE, ROME**

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